

24/05/21  
Monday.

## Practice Questions [ ch-3 ]

Date \_\_\_\_\_  
Page No. \_\_\_\_\_

①

① Fill in the blanks:

(a) \_\_\_\_\_ burns the food we eat and gives us energy to work.

(b) The \_\_\_\_\_ is an elastic band made up of muscular tissue.

(c) The captain is the \_\_\_\_\_ of a team game.

(d) Boat racing has evolved into \_\_\_\_\_.

(e) Golf is a \_\_\_\_\_ game.

② Write T/F:

(a) our lungs expands when we breath out air [ ]

(b) Nurses train the players for particular local games [ ]

(c) when we blow, we provide carbon dioxide to the fire [ ]

(d) Games keep us physically and mentally fit [ ]

e) we relax when we are not free [ ]

f) The team members should not trust their captain [ ]

3 Match the following:

- |                  |                        |
|------------------|------------------------|
| ① National sport | ⑩ Teachers             |
| ② Mixed double   | ⑪ Doctor               |
| ③ captain        | ⑫ Martial art          |
| ④ Games          | ⑬ Badminton            |
| ⑤ Breath out     | ⑭ team leader          |
| ⑥ Judo, Karate   | ⑮ Hockey               |
| ⑦ stethoscope    | ⑯ contraction of Lungs |

(3)

Date

Page No.

### (4) Tricky Questions [Think and ans]

- (1) which national sport is common to India and Pakistan?
- (2) what are the benefits of playing games?
- (3) what is the main job of captain?
- (4) Do you think the nature of leisure changed? If so give example.
- (5) which games reflect the tradition and culture of that particular area?