1/2/
ay 6 2 EVS
Ch-5 Food fore us
Difficult words: (White 3 times each
Di Dicuti words. (Wreite 3 times each spelling)
1. Healthy
2. Muscles
3. Foodgrains
4. Pulses
5 Cercals
G. Flesh (Meat)
7. Vegetarians
8. Strong
9. Uncoversed
10. Sick
H.W. Write difficult words and book question answers (A) in EVS Copy.
question/answers(A) in EVS copy.

Do not speak or laugh with food in your mouth.

Rinse your mouth with water after eating.

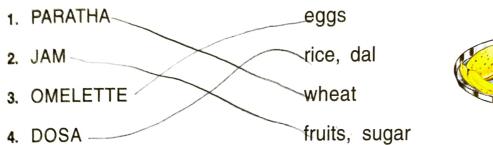
Eat clean and fresh food to stay healthy. Eating uncovered or stale food can make us sick.



TIME TO ANCWED

LIME IN WIADMEN
A. Answer these questions. Write in Copy
1. Why do we need food? Ansi- We need
food to live and grow strong.
2. Why should we eat fruits and vegetables? Because
and vegetables help us to stay healthy.
3. What are foodgrains? <u>Cereals and Pulses</u>
foodgrains
4. Write three good food habits. (a) chew your food well.
(b) Wash your hands with soop before and offer ea
(c) Rinse your mouth with water after out in
${\bf B}$. Write ${\bf G}$ for the GOOD habits and ${\bf B}$ for the BAD habits.
1. Akshay never buys food from a hawker.
2. Priyanka never eats her food in a hurry.
3. Fardeen likes fish. He often eats too much of it.
4. Priva drinks water from the
4. Priya drinks water from the garden tap.

C. Pulao is made from rice. What are these things made from? Draw lines to match the things.





TIME TO DO

D. Circle the things you would like to have for your birthday party.



E. Find out.

- The number of vegetarians in my class are ______
- 2. The number of non-vegetarians in my class are _____

